

OCTOBER

Developmental Asset

Asset #2

Positive Family Communication

Young person and his/her parent(s) communicate positively, and young person is willing to seek advice and counsel from parent(s).

Tips on how to use this month's asset

- ▣ When spending time with your family, effective communication and open-minded interaction leads to a strong and loving relationship.
- ▣ Ask your children/parents how their day went by asking questions such as: How was school? How was work? What did you eat for lunch? Are you feeling alright?
- ▣ Try to get involved in extracurricular activities and assignments at least once a month. This allows parents to meet their children/teen's friends and teammates and show that they care.
- ▣ Communities should organize teen and parent get-togethers that promote beneficial interaction between families and friends.
 - A good example of this is the Morgan Hill Values Youth Conference which will be on Saturday, January 21st, 2017 at the CCC - where some YAC Members and their parents will be attending.



How this applies to Morgan Hill



Parents and Family are key in teaching relationships and emotions.

- ▣ Only 63% of 4th-6th grade students and 35% of 7th-12th grade students in Morgan Hill reported in Project Cornerstone's 2011 survey that they and their parents communicate positively.
- ▣ Effective familial communication is essential to the wellbeing of growing children and teens. Constructive and optimistic relations within families, help teens reach their full potential during their progress into adulthood in modern society.

How does this apply to YAC ?

- ▣ YAC Members promote positive communication in order to utilize these essential skills at home with their families.
- ▣ Through several programs such as the Parent Social, Zumbathon, Morgan Hill Values Youth Conference, and the Annual Senior Citizens Ball, YAC Members work and communicate with their parents and other adults.
- ▣ YAC could be seen as a second family that provides the environment for teens to understand how to effectively operate within a group of people that care about each other.

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Complementary Developmental Asset

Asset #14

Adult Role Models

Parent(s) and other adults model positive,
responsible behavior.

Importance of adult role models



- ▣ When teens have good adult role models, they tend to behave in a similar manner.
- ▣ Positive adult role models inspire the youth to develop social skills and encourage them to pursue their passion.
- ▣ Role models show youth how to overcome a variety of life challenges.

Do you remember what activities you did with one or both of your parents when you were a teen?

What did your role model say or do that positively impacted you as a teen?