

December Developmental Asset Asset #1

Family Support

Family life provides high levels
of love and support.

Tips on how to use this month's asset

- ▶ Families should try to spend more time together by doing something they all enjoy. Try going out to dinner together, or even just watch a movie.
- ▶ Offer support to your parents, siblings, and children in times of stress.
- ▶ Talk to your family members when you have an issue! Remember, they can't read your mind!



How this applies to YAC

- ▶ YAC members try to support each other and act similarly to a family.
- ▶ YAC members ask their parents to be committed and involved in YAC's events and activities. For example, parents volunteer with YAC members during the annual Senior Citizens Ball!



How this applies to Morgan Hill

- ▶ Having family support allows teens to build better relationships with their parents and the community. This results in a safer community!
- ▶ Family support also allows teens to be more active in school and other activities.



December Developmental Asset Asset #11

Family Boundaries

Family has clear rules and consequences and monitors the young person's whereabouts

The importance of Family Boundaries

- ▶ It is important to have family boundaries because having a healthy relationship means keeping one another safe.

What is an example of a family boundary that YOU had as a child?

